

	1								18
1	1 H Wasserstoff 1.008								2 He Helium 4.0026
2	3 Li Lithium 6.94	4 Be Beryllium 9.0122	5 B Bor 10.81	6 C Kohlenstoff 12.011	7 N Stickstoff 14.007	8 O Sauerstoff 15.999	9 F Fluor 18.998	10 Ne Neon 20.18	
3	11 Na Natrium 22.99	12 Mg Magnesium 24.305	13 Al Aluminium 26.982	14 Si Silizium 28.085	15 P Phosphor 30.974	16 S Schwefel 32.06	17 Cl Chlor 35.45	18 Ar Argon 39.95	
4	19 K Kalium 39.098	20 Ca Kalzium 40.078	31 Ga Gallium 69.723	32 Ge Germanium 72.63	33 As Arsen 74.922	34 Se Selen 78.971	35 Br Brom 79.904	36 Kr Krypton 83.798	
5	37 Rb Rubidium 85.468	38 Sr Strontium 87.62	49 In Indium 114.82	50 Sn Zinn 118.71	51 Sb Antimon 121.76	52 Te Tellur 127.6	53 I Iod 126.9	54 Xe Xenon 131.29	
6	55 Cs Caesium 132.91	56 Ba Barium 137.33	81 Tl Thallium 204.38	82 Pb Blei 207.2	83 Bi Bismut 208.98	84 Po Polonium [209]	85 At Astat [210]	86 Rn Radon [222]	
7	87 Fr Francium [223]	88 Ra Radium [226]	113 Nh Nihonium [286]	114 Fl Flerovium [289]	115 Mc Moscovium [290]	116 Lv Livermorium [293]	117 Ts Tenness [294]	118 Og Oganesson [294]	